



From the Desk of the Surgeon General Chief Sacred Feather Eagle Mund  
Bareefan Clan-Indigenous Native American Association of Nations

**Notice from the Mund Bareefan Clan-  
Indigenous Native American Association of Nations  
office of Surgeon General Chief Sacred Feather Eagle**

**ATTENTION: Coronavirus 2020**

**02.27.20**

We are now facing an opportunity to rid ourselves of the old. Events and attitudes from our PAST which have long been asking for release and cleansing from our minds and memories. This is an opportunity to prepare our Mind and FOCUS our attentions to the present events before us. The energy created from the activity of a Pandemic assist each of us to clear the Mental space in our tissues and emotional body to create a New and exciting present future for ourselves, our family and loved ones in every area of our life.

Epidemics are rarely acknowledged to be a vigorous opportunity to Cleans the entire human nature of events and behaviors which have been known not to serve the ability of large groups of people to see themselves and their surroundings as a new opportunity to connect to and expand their relationship with new groups of humans and the opportunity made available to gain access to new ideas and new resources, supporting our own ability to experience a new attribute within one's self, which would otherwise continue to remain dormant or repressed.

Epidemics give us the opportunity to re-evaluate what is really valuable to ourselves and it clears the window to view and evaluate whether our behavior has been consistent with what we have spoken to be our priorities, but have been abandoned relative to our actions; e.g., The last time you experienced a thorough body massage or a needed hearing exam that you've been too busy to create the time to manifest. Knowing that your hearing and your body are necessary to be healthy to experience the life you say you appreciate. Do you really Live what you believe you thoroughly value?

Epidemics create the energetic opportunity to become Krystal Clear about what is REALLY IMPORTANT TO US!



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Yes, The Coronavirus has come to allow us to take a Full View (360 degrees) of our Life and our World as we have created it.

The media is full of the scientific and possible effects of what this energy offers us. Please review the Simple links to obtain the scientific and well as the social offerings this Viral Energy brings to our awareness.

I see everyone THRIVING through this opportunity mis-named as a PLEAGUE as an incredible energy escalator to rapidly cleans and redirect our resources to become what we have desired to be. Step forward into the life you desire NOW. Please don't delay or rationalize any longer why you cannot be TODAY what you have longed for, for years. Today is your DAY to begin to live WHO YOU REALLY ARE. The coronavirus brings you the catalytic energy to change all areas in your life and to change permanently. This virus empowers you to LIVE and Live more abundantly NOW.

I have included in this "call to ACT" with the support items and resources to sustain you Physical, Emotional and Mental body. This allows you 'THE SOUL' to evaluate, cleans, adjust and realign all of you subtle bodies to make the new energetic alignment to empower your being to become "Now" all that you have envisioned.

I will update you weekly as to how the **Coronavirus** energy is moving around our planet. The monitoring of its effect and release of its energy within the Hueman population will titrate our attitudes and belief system to execute the appropriate behavior to connect ourselves to the present future self we have been Waiting to create.

Stay Tuned and F.E.A.R.less (False Evidence Appearing as Real) until next week.

Lovingly and in Gratitude,

Chief Sacred Feather Eagle (Dr. Jewel Pookrum)  
Surgeon General for the MBC-INAAN



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**Your Support List to empower you to remain HEALTHY during any PLAGUE  
Environment condition**

**THIEVES Oil:** The ancient and undisputed solution has a flawless worldwide reputation to prevent disease and pestilence within Human populations. Plagues cannot and do not flourish when this plant-based oil elixir is used daily among Humans. This combination of Natural medicinal oils has proven over centuries to be Completely effective for all Airborne, water born infectious agents and for the topical spread of infectious organisms over the surface of the body.

**Thieves Essential Oil Blend** Eugenia caryophyllus† (**Clove**) bud oil, Citrus limon† (**Lemon**) peel oil, Cinnamomum zeylanicum† (**Cinnamon**) bark oil, **Eucalyptus** radiata† leaf oil, Rosmarinus officinalis† (**Rosemary**) leaf oil † 100% pure, therapeutic-grade essential oil.

**Daily Nutritional Support to sustain the health of your Immune System:**

**STAY WELL HYDRATED!!!**

**Vitamin C-** 2-4GRAMS to be consumed daily with 12 ounces of water. Twice Daily.

**Turmeric:** Take twice daily as a capsule or tea.

**Usnic Acid:** 7-10 drops in 3 ounces of water twice daily. Swish around the mouth before swallowing.

**Black Curcumin Seed Oil:** 1/2 Teasp daily

**Clean Water** (Filtered or Clean Spring Water) Consume a minimal of 60 oz daily for adults

Children: Age 1.5 – 8years of age: 10- 20 ounces

Age 10 – 17 years of age 36 ounces



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**Vegetable Based diet:** Dark leafy Green (Kale, Collards, Mustards, Spinach, Cabbage, Yellow and Red Fruits & vegetables. Root vegetables: Carrots, Parsnips, onions, Daikon Radishes, Red Radishes. Some grains. **Do Not Eat RICE (Brown or White) or Wheat based food products** if possible. This **includes BREADS, CRACKERS & PASTAS** made from these grains.

**Refrain from eating SUGAR:** Candies, Colas, Sodas, POPS, and Reconstituted Juices.

**Natural Fruit Juices:** Orange, Pineapple, Berry, and Lemon Juices are best.

**Sweeteners which support the Immune System:** RAW HONEY, Stevia, Maple Syrup and Xylitol are supportive to your Immune Health!!

**AVOID:** All Cane Sugars, Artificial Sweeteners and Pastries made from Wheat flour,

**FLESH FOODS:** Flesh may carry substrates which can support virus growth. AVOID at this time

Options also available:

**Biologically supportive Oils and Minerals for our Immune System.**

- Povidone IODINE\_ Very strong use in a diluted solution.
- Lemon Extract Very powerful use as topical cleanser.
- Frankincense
- Myrrh Oil
- Lavender Oil
- SEA SALT (Pure) and clean water A solution of 10% SEA SALT to water is excellent for oral, nasal, and topical bathing.

**Inorganic Chemical options**

- Lysol
- Natural Green product cleansers (Meyers Cleaners)

**For the Emotional Body:**

*Dr. Bach's Flower Remedies:* **RESCUE REMEDY.**



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Take 6 drops on the tongue 2-3 times daily. If you frequently have fears of being infectious. Ingest the remedy drops 4 times daily.

### Video Reviews:

The Guardian\_ Coronavirus

<https://www.youtube.com/watch?v=aerq4byr7ps>

MSNBC\_ Coronavirus

<https://www.youtube.com/watch?v=6GsNUgC31FQ&t=35s>

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Stay Tuned and F.E.A.R.less (False Evidence Appearing as Real) until next week.

Lovingly and in gratitude,

Chief Sacred Feather Eagle, MD, PhD, MFS

Surgeon General for the Yamassee Nation

